



Recreation Services  
City & County of Broomfield

# BROOMFIELD RECREATION SERVICES

## Boot Camp Workouts

Come and enjoy the great outdoors of Colorado with boot camp workouts with the City & County of Broomfield Trainers and Instructors. Enjoy the camaraderie of a group and the motivation from a trainer to get you into shape and feeling great this summer in a time-efficient total body workout!

**Optional Body Fat testing offered at the beginning & end of each session.**

NO REFUNDS awarded after first day of class.

### Legacy High School

Mom's & Dad's come workout while your kids are at track!!

#### **M/W/F 8:30-9:30 AM**

June 9-July 4  
Annual Pass \$54  
Resident \$72/Non-Resident \$84

July 7-25  
Annual Pass \$36  
Resident \$54/Non-Resident \$63

#### **T/Th 6:30-7:30 PM**

June 10-July 2  
Annual Pass \$36  
Resident \$48/Non-Resident \$56

July 8-24  
Annual Pass \$24  
Resident \$36/Non-Resident \$42

### Session Dates:

**June 2-27**

**June 30-July 25**

**July 28-August 22**

M/W	5:30-6:30AM	Ria	County Commons
M/W	6:45-7:45 AM	Ria	Legacy High School
M/Th	7:30-8:30AM	Veronica	County Commons
M/Th	7:00-8:00PM	Ria	County Commons
Tu/Th	6:00-7:00AM	Patty	McKay Landing
Tu/F	6:00-7:00AM	Jaala	Trails
Tu/Th	5:15-6:15AM	Michelle	County Commons
Tu/Th	6:15-7:15AM	Michelle	County Commons

Annual Pass Holder...	\$36.00
Resident...	\$48.00
Non-Resident...	\$56.00

### Family Boot Camp

Join us in our first summer of kids and parents exercising together! One rate for the entire family to create healthy habits during the summer.

**June 9-July 2**

**July 7-July 30**

M/W	7:00-8:00 PM	Katie	Broadlands Park
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Annual Pass Holder...	\$54.00
Resident...	\$72.00
Non-Resident...	\$84.00

**Put together a group of 10-20 people and the trainer will come to your neighborhood park.**

Contact Kelly Lundvall, Recreation Supervisor-Fitness  
303.460.6913 or klundvall@broomfield.org



[www.BroomfieldRecreation.com](http://www.BroomfieldRecreation.com)  
303.460.6900 303.464.5500