

WHAT IS A 72-HOUR KIT

A 72-Hour Kit is used to meet a family or individual's basic survival needs for three days in the event of an emergency. It is usually tailored to the liking of the individual. Some common methods used are:

- 1 . **Storing emergency supplies in one location** that is relatively safe, yet easily accessible if evacuation is required.
- 2 . **Storing items in a large container** such as: a 32-gallon trash can with a lid, a suitcase, a duffle bag, footlocker, or individual pack.
- 3 . **Keeping the supplies essential** so that there are not unnecessary items in the kit.

WHAT ELSE SHOULD I KNOW?

1. When you are making preparations, consider arranging a meeting place for family members who may not be in the immediate vicinity.
2. The first 72 hours of a disaster is crucial. Citizens must be self-sufficient for this amount of time due to the large influx of emergency requests.
3. First, take care of yourself and your immediate family; second, take care of friends and/or neighbors that may not have 72-Hour Kits implemented in their homes.

For more information:

Visit

City and County of Broomfield Online

<http://www.ci.broomfield.co.us>

Colorado Office of Emergency Management Online

<http://www.dola.state.co.us/oem/oemindex.htm>

American Red Cross Online

<http://www.redcross.org>



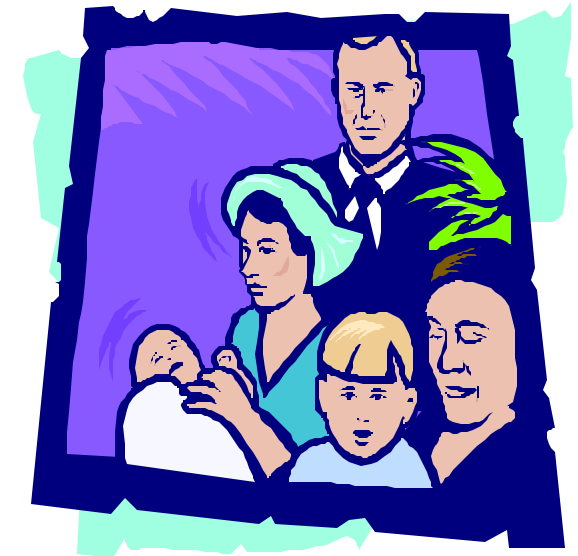
Emergency Management Unit

Broomfield Police Department
Training Division
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(720) 887-2081

**CITY AND COUNTY OF
BROOMFIELD**

**EMERGENCY
MANAGEMENT UNIT –
POLICE DEPARTMENT**

**72-HOUR EMERGENCY
PREPAREDNESS GUIDE**



WHAT DO I NEED IN MY 72-HOUR KIT?

Each individual should customize the kit to meet his or her personal needs, but keep in mind that this reserve should be an all hazard kit. You must ask yourself 'what are the potential hazards in my geographic region?'

In the City and County of Broomfield, a major risk is Severe Weather. It comes in many forms from thunderstorms, hail, tornadoes, winter storms, lightning, flash flooding, etc.

Another risk is a Hazardous Materials incident. The technological advancement of Colorado and the United States has increased the potential for a spill, explosion, or other man-made incidents that may require immediate action, such as evacuation or protection in place (stay where you are with windows closed and ventilation systems turned off).

These risks and others should be kept in mind when assembling your kit.

The severity of a disaster is relative to the community or individual's ability to provide resources or aid to alleviate the incident.

LIST OF ITEMS

Consider using some of these items when preparing your kit.

Emergency Needs

- ✓ A supply of non-perishable packaged or canned food (i.e. crackers, powdered milk, canned fruit, etc.)
- ✓ Battery Powered Radio
- ✓ First Aid Kit & Manual
- ✓ Sleeping Bags & Blankets (wool & thermal)
- ✓ Manual Can Opener
- ✓ Waterproof/Windproof Matches
- ✓ Water
 - Water Storage (1 gal./day/person)
 - Water Purification Tablets
- ✓ Flashlight
- ✓ Utility Knife
- ✓ Emergency Candles
- ✓ Extra Eyeglasses/Contact Lenses
- ✓ Essential Medications
- ✓ Extra Clothing

Standard First Aid Kit

- ✓ First Aid Manual
- ✓ Aspirin or Pain Relievers
- ✓ Laxatives
- ✓ Rubbing Alcohol
- ✓ Diarrhea Medicine
- ✓ Soap
- ✓ Gauze
- ✓ Band-aids
- ✓ Triangular Bandage (36"x36"x52")
- ✓ Elastic Bandage
- ✓ Cotton Balls
- ✓ Cotton Swabs
- ✓ Scissors
- ✓ Thermometer
- ✓ Sanitary Napkins (Pressure Dressing)

- ✓ Micropore Adhesive, Paper Tape
- ✓ Tweezers
- ✓ Small Splints, Popsicle Sticks
- ✓ Heavy String
- ✓ Syrup of Ipecac

OTHER CONSIDERATIONS

- ✓ Make copies of important papers
- ✓ Prepare a small car survival kit
- ✓ When assembling emergency supplies for the household, include items for pets
- ✓ Establish an Out-Of-State 24-Hour telephone contact
- ✓ Sanitation kit (i.e. paper towels, disinfectant, etc.)
- ✓ Emergency money, tools, phone numbers, pen and paper



Some kits are available for purchase in stores.