

Water Aerobics Schedule January 7 - May 26 , 2012

For a complete list of closures and special holiday hours, please see our pool schedules!

Please see our website at www.broomfieldrecreation.com for pool schedules and additional information!

Sign up for "B in the Loop" to receive schedule changes, pool closures, new class info!

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00-8:00am	Interval Insanity PDRC Roxane	Deep H2O BCC Mike	Interval Insanity PDRC Marlynn	Deep H2O BCC Mike	Water Running PDRC Marlynn		
7:30-8:30am		Arthritis BCC Lynn		Arthritis BCC Lynn			
		Hydrodynamics PDRC Stephanie		Hydrodynamics PDRC Stephanie			
8:00-9:00am	H2O Cardio Kick-It BCC Bob		H2O Cardio Kick-IT BCC Dawn		H2O Cardio Kick-IT BCC Raelynn	Deep Water & Arthritis BCC	
	Fluid Motion PDRC Cindy		Fluid Motion PDRC Roxane		Drill Bits PDRC Cindy		
8:30-9:30am		Fluid Motion BCC Karen		Fluid Motion BCC Karen		Hydrodynamics PDRC Mike	
9:00-10:00am	Hydrodynamics BCC Becky	Pre-Natal Aerobics PDRC Becky	Hydrodynamics BCC Becky	Pre-Natal Aerobics PDRC Becky	Hydrodynamics BCC Becky		
		Arthritis PDRC Marlynn		Arthritis PDRC Marlynn	9:15-10:15am Baby&Me PDRC - Breanne		9:15-10:15 Pre-Natal - PDRC Jaala
9:30-10:30am							9:45-10:45 H2O Aerobics PDRC - Jeanne
10-11:00am	Arthritis BCC Marlynn		Arthritis BCC Marlynn		Arthritis BCC Karen		
3:00-4:00pm	Arthritis PDRC Karen		Arthritis PDRC Karen		Arthritis PDRC Jeanne		
4:00-5:00pm		Flippity Fun for kids 7-13yrs PDRC		Flippity Fun for kids 7-13yrs PDRC			
5:00-6:00pm	Flippity Fun for kids 7-13yrs PDRC		Flippity Fun for kids 7-13yrs PDRC				
6:00-7:00pm	Water Aerobics PDRC Mary		Water Aerobics PDRC Crystal				
6:30-7:30pm	Pre-Natal 6:15-7:15 PDRC Jeanne	Water Aerobics BCC Jeanne	Pre-Natal 6:15-7:15 PDRC Jeanne	Water Aerobics BCC Jeanne			

